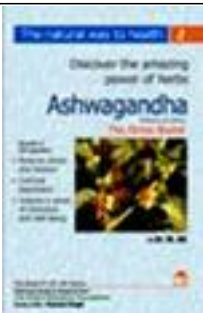




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Id: 9218E | **Pg:** 32 | **ISBN:** 8178060418 **Price:** Rs. 30.00 US\$ 3.00

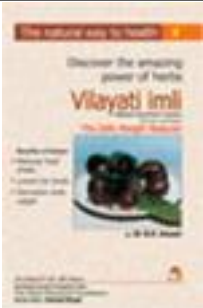
At its best, the human mind has awesome powers that can beat even super-computers, two such examples being Grandmaster Garry Kasparov and maths wizard Shakuntala Devi. Even the best of minds and memories, though, need to be nourished and honed. And Brahmi "a herb popular i ...



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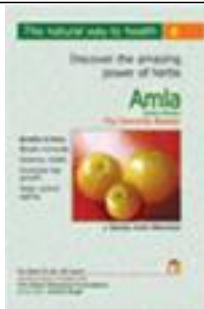
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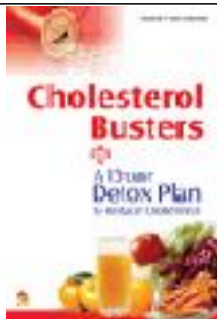
Increasing levels of pollution promote the growth of free radicals in the body, causing a host of diseases, including degenerative ones. Free radicals also promote premature ageing. To counter these harmful effects, the body needs antioxidants – substances that effectively c ...



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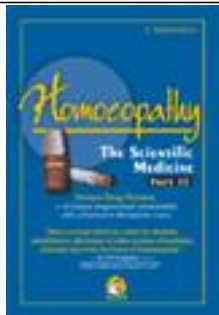
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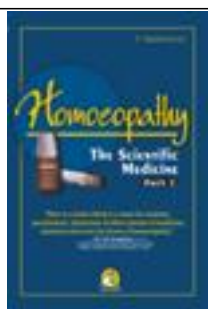
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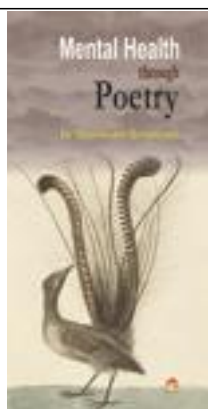
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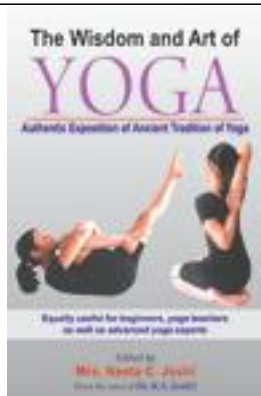
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