



## Paneer Bonanza- New Exotic And Mouth Watering Paneer Dishes For All Occasions



**Author:** Prabhjot Mundhir  
**Format:** Paperback  
**ISBN:** 8178060981  
**Code:** 9278D  
**Pages:** 164  
**Price:** Rs. 96.00 US\$ 4.00

**Publisher:** Unicorn Books  
Usually ships within 5 days

Paneer is a high-protein food, and if you are a vegetarian you must include it in your meal. And even if you are not much fond of paneer, these recipes would surely make you a convert. Here is an invaluable treasury of traditional, yet novel recipes of Paneer distilled over 50-year old culinary knowledge and expertise.

- \* Easy to prepare recipes
- \* Teaches simple touches with everyday vegetables to make them special
- \* Amazing variety
- \* Preparations that are delicious and nutritious too!

## Contents

### CONTENTS:

- Introduction
- How to make Paneer
- Starters
  - 1. Cheese Coins
  - 2. Cheese Dossiers
  - 3. Paneer and Fruit Salad
  - 4. Paneer Vadi Steamed
  - 5. Refreshing Beverages (Whey Drinks)
  - 6. Cheesy Spinach Roundels
  - 7. Hawaiian Salad
  - 8. Paneer Phal Ungli Kababs
  - 9. Paneer and Fruit Cocktail
  - 10. Whey Tomato Celery Soup
  - 11. Semolina Hearts
  - 12. Whey Salad Mould
  - 13. Paneer Kachori
  - 14. Salad Plus
  - 15. Paneer Fingers
  - 16. Cheese Frankies
  - 17. Paneer Rolls
- Main Course
  - 1. Corn-Paneer Kofta in Rajasthani Gravy



2. Paneer Methauries
3. Paneer Tikki with Kesari Gravy
4. Dhingri-Dolma in Almond Gravy
5. Paneer Kofta Kadi
6. Paneer Chettinad
7. Tava Paneer
8. Paneer cooked in Andhra gravy
9. Paneer and Mixed Vegetable Sizzler
10. Paneer Squares in Hari Mirchi Gravy
11. Paneer Kadai
12. Paneer Malabari
13. Mock Eggs with Caldeen Gravy
14. Paneer Peas Rolls with Nilgiri Gravy
15. Paneer Kolhapuri
16. Malai Koftas in Quick Gravy
17. Paneer Hara Chholia
18. Amba Paneer
19. Paneer Melagora
20. Aaloo-Mutter-Paneer Posto
21. Palidhya
22. Paneer Yachchuti (Shak-Kooti)
23. Palak Paneer
24. Paneer Stuffed Baked Brinjal Canoes
25. Paneer Paratha
26. Ajwain-Flavoured Bhindi Paneer

#### Desserts

1. Paneer-Strawberry Mousse
2. Mango Cheese Crepes
3. Banana-Paneer Splendour
4. Paneer Fried Sweet Rice
5. Rasogulla and Rasmalai
6. Chhena Boondi with Rabri
7. Paneer and Sago Kheer
8. Kshira Praka with Chocolate Sauce
9. Paneer Jalebi
10. Orange Delight
11. Sandesh from Bengal
12. Chhanar Payesh

#### Glossary

#### References

### About Unicorn Books

**Unicorn Books** publishes an extensive range of books that are both affordable and high-quality.