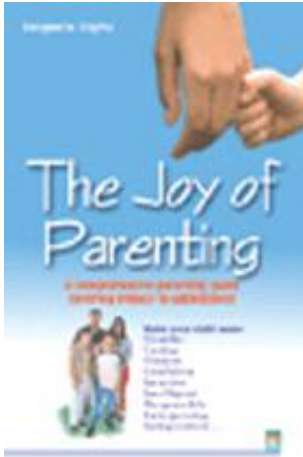




The Joy Of Parenting



Author: Sangeeta Gupta
Format: Paperback
ISBN: 8178060477
Code: 9223A
Pages: 142
Price: Rs. 96.00 US\$ 4.00

Publisher: Unicorn Books
Usually ships within 5 days

In the days of yore before the advent of television, the Internet and other extraneous influences, parenting was a simple task, especially in a joint family milieu. Today, bringing up children is a more arduous, complex and delicate task. The common-sense guidelines in this book will ensure you maintain just the right balance between firm and flexible parenting, as per the attitude, aptitude and ability of your child.

Besides negative influences from the electronic media, children are especially vulnerable to peer pressure. How you handle your children during their formative years can make all the difference between having courteous, well-adjusted children who respect elders, peers and friends or being saddled with ill-mannered kids who are a law unto themselves.

The book covers all the important aspects of childrearing to help you become a role-model parent.

Contents

PART I

INTRODUCTION

1. Simple and Complex Relationships 9
2. Relationships with Children 11
3. Discover Your Child 14
4. Children as Toddlers 17

PART II

COMMUNICATION

5. The Importance of Communicating with Children 23
6. Which Parenting Style Do You Follow? 27
7. Consistency and Congruency 40

PART III

CHILD DEVELOPMENT

8. Different Aspects of Development 45
9. Personal Hygiene 47
10. Personal Habits 49
11. Physical Activities 50
12. Extra-curricular Activities 52
13. The Importance of Studies 54
14. Etiquette and Manners 56



- 15. Socialising 58
- 16. Attitude Towards Life 60
- 17. Dealing with Life's Challenges 62
- 18. Coping with Tantrums 64

PART IV

OTHER ISSUES

- 19. Handling the Single Child 69
- 20. Sibling Rivalry 71
- 21. Nuclear Family 74
- 22. Parenting in a Joint Family 76
- 23. The Role of Grandparents 78
- 24. Working Parents 80
- 25. The Adopted Child 82
- 26. Parenting a Child with Special Needs 85

PART V

ADOLESCENCE

- 27. Neither a Child Nor an Adult 91
- 28. Physical Changes 92
- 29. Emotional Changes 98
- 30. The Connection Between Physical and Emotional Factors 107
- 31. Coping with Peer Pressure 109
- 32. The Media Influence 116
- 33. Delinquent Behaviour 119

PART VI

WHEN URBAN PARENTS CARE TOO MUCH

- 34. Parental Paranoia 131

PART VII

CONCLUSION

- 35. 10 Keys to Successful Parenting 137
- 36. Parents as a Role Model 140

About Unicorn Books

Unicorn Books publishes an extensive range of books that are both affordable and high-quality.