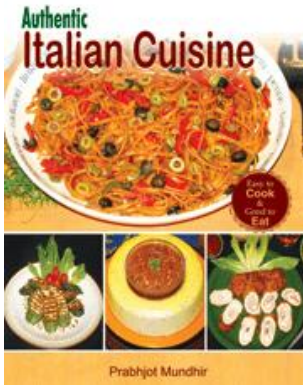




## Authentic Italian Cuisine



**Author:** Prabhjot Mundhir  
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"Relish 135 Italian dishes as a meal or a grub

Easy-to-follow recipes to bring a taste of Italian specialties

Italian cuisine, derived from traditional Greek cooking is considered one of the oldest in Europe. Over the centuries the culinary traditions from Greece became integral part of Italian cooking. The Italian cooks perfected the art of cooking so well that the whole world started enjoying the nutritious pasta, risotto and pizza based palatable dishes cooked in combination with a variety of cheese, poultry, meats and vegetables seasoned with fragrant herbs. Italian ice-creams, water ices and pastry based desserts are well acknowledged worldwide.

'Italian Cuisine' introduces you to a few basic essentials to cook a number of appetizing dishes to satiate anytime hunger. The book includes light and tasty Antipasti (before the meal), Soups, Insalatas / salads, a variety of sumptuous Pasta, delectable Pizzas, creamy Ravioli, Canneloni, Lasagna/lasagna, Polenta, flavourful authentic fish, chicken and meat dishes and fresh delicious- fiberous vegetables etc. Luscious desserts, such as Tiramisu, Zabaglione, Lemon-walnut and Hazelnut ice-creams, Chocolate roll, Italian cheese cakes, Cookies, Italian Truffles and Orange Granita and Coffee Granita etc, too, are equally important part of the book. Most of the dishes in the book are illustrated.

The gourmets will love it.

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